



Wellness Services

An integrated approach combining Western Medicine with Ancient Traditional Healing Methods

"For more than 30 years I have been a facilitator of healing. My clients learn to put into practice amazing self-healing methods. Nutrition, cleansing, exercise, and massage can actually reverse issues throughout your entire body - from digestive organs, heart and blood vessels, brain and nerves, eyes, skin, muscles, joints, reproductive organs, and your immune system."

- **Consultation & Coaching (1hr) \$120**

Receive actionable, natural mental health tools

- **Acupuncture (1hr) \$80**

Balance and regenerate w/traditional acupuncture from Japan and China

- **Therapeutic Massage (1 hr.) \$80**

Intelligent hands to heal your body, heart & mind

- **Acu/Massage (1.5 hrs) \$120**

A combination of above

- **Biogime Facial (20 mins) \$40**

Natural, high-quality skincare system for real results

- **Colon hydrotherapy (1 hr) \$65**

Ancient medicinal detox using the Colema Board invented by Dr. Victor Irons for The great Dr. Bernard Jensen for use at home

- **The Works (3 hrs) \$185**

A combo of all of these awesome services offered

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Rev. Dr. Jude Arnold is a lifestyle consultant, an author, and a Universal Peace ordained minister and dance leader with a PhD. Natural Medicine, an abd, PhD. Educational Psychology, a Masters Degree Nursing, and certifications in Applied BioMechanics and Cranial Sacral Therapy.



Also available to conduct ceremonies, circles or dances.